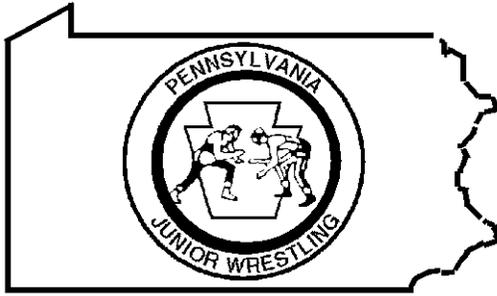


Appendix B, page 1 - Communicable Skin Disease Form



**COOPERATION IS THE THEME**  
**OPERATION IS THE TOOL AND**  
**DEVELOPMENT OF YOUNG PEOPLE**  
**IS THE GOAL**

**Pennsylvania Junior Wrestling Communicable Skin Disease Form**

A *Communicable Skin Disease Form* must be processed listing the name, birth date, and school of a wrestler competing in any PJW tournament after being diagnosed as having a communicable skin disease or is suspected of having a communicable skin disease or any other condition that makes participation appear inadvisable.

**PHYSICIAN RELEASE FOR WRESTLER TO PARTICIPATE WITH SKIN LESION**

Please describe the skin condition of \_\_\_\_\_ (name of wrestler), whose date of birth is  
\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_, and is a pupil of \_\_\_\_\_ school.

Diagnosis: \_\_\_\_\_

Location AND Number of Lesion(s): \_\_\_\_\_

Medications(s) used to treat lesion(s): \_\_\_\_\_

Date Treatment Started: \_\_\_\_/\_\_\_\_/\_\_\_\_

Form Expiration Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

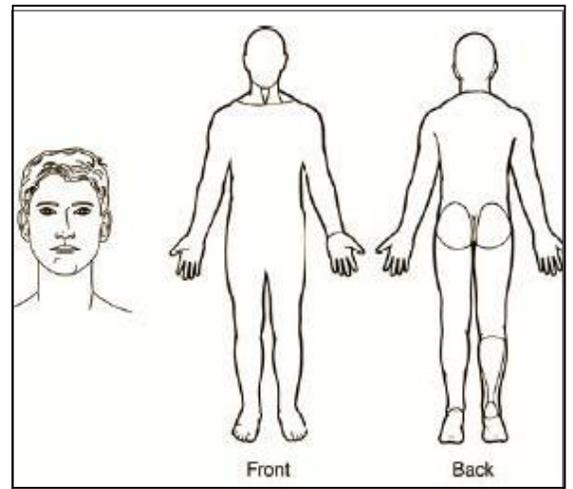
Earliest date may return to participation: \_\_\_\_/\_\_\_\_/\_\_\_\_

Provider Signature: \_\_\_\_\_

Office Phone #: \_\_\_\_\_

Physician Name (Printed or Typed): \_\_\_\_\_ MD or DO

Office Address: \_\_\_\_\_



(Please turn the page over for additional information on the other side)

## Appendix B, page 2 - Communicable Skin Disease Form

**Note to Providers:** Non-contagious lesions do not require treatment prior to return to participation (e.g. eczema, psoriasis, etc.). Please familiarize yourself with NFHS Rules 4-2-3, 4-2-4 and 4-2-5 which states:

*“ART. 3 . . . If a participant is suspected by the referee or coach of having a communicable skin disease or any other condition that makes participation appear inadvisable, the coach shall provide current written documentation as defined by the NFHS or the state associations, from a physician stating that the suspected disease or condition is not communicable and that the athlete’s participation would not be harmful to any opponent. This document shall be furnished at the weigh-in for the dual meet or tournament. The only exception would be if a designated on-site meet physician is present and is able to examine the wrestler immediately after the weigh-in. Covering a communicable condition shall not be considered acceptable and does not make the wrestler eligible to participate.”*

*“ART. 4 . . . If a designated on-site meet physician is present, he/she may overrule the diagnosis of the physician signing the physician’s release form for a wrestler to participate with a particular skin condition.”*

*“ART. 5 . . . A contestant may have documentation from a physician only indicating a specific condition such as a birthmark or other non-communicable skin conditions such as psoriasis and eczema, and that documentation is valid*

Once a lesion is not considered contagious, it may be covered to allow participation.

Below are some treatment guidelines that suggest MINIMUM TREATMENT before return to wrestling:

**Bacterial Diseases (impetigo, boils):** To be considered “non-contagious,” all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. Oral antibiotic for three days is considered a minimum to achieve that status. If new lesions continue to develop or drain after 72 hours, CA-MRSA (Community Associated Methicillin Resistant Staphylococcus Aureus) should be considered and minimum oral antibiotics should be extended to 10 days before returning the athlete to competition or until all lesions are scabbed over, whichever occurs last.

**Herpetic Lesions (Simplex, fever blisters/cold sores, Zoster, Gladiatorum):** To be considered “non-contagious,” all lesions must be scabbed over with no oozing or discharge and no new lesions should have occurred in the preceding 48 hours. For primary (first episode of Herpes Gladiatorum), wrestlers should be treated and not allowed to compete for a minimum of 10 days. If general body signs and symptoms like fever and swollen lymph nodes are present, that minimum period of treatment should be extended to 14 days. Recurrent outbreaks require a minimum of 120 hours or full five days of oral anti-viral treatment, again so long as no new lesions have developed and all lesions are scabbed over.

**Tinea Lesions (ringworm scalp, skin):** Oral or topical treatment for 72 hours on skin and 14 days on scalp.

**Scabies, Head Lice:** 24 hours after appropriate topical management.

**Conjunctivitis (Pink Eye):** 24 hours of topical or oral medication and no discharge.

**Molluscum Contagiosum:** 24 hours after curettage. Revised/Approved April 2008

### **NOTE TO PARTICIPANTS, TOURNAMENT DIRECTORS, COACHES, OFFICIALS**

Pennsylvania Junior Wrestling observes P.I.A.A. and National Federation Wrestling Rules. The National Federation Wrestling Rule relevant to communicable skin disease is stated on this form and must be followed. The PIAA form may be used in place of the PJW form.