

2010 Wrestling Camp

July 19 -

- July 23

Where: Westlake Middle School, 4330 West Lake Road, Erie PA 16506
(pull to left of school, go down the hill to the doors at the bottom)

Time: Monday: 8:30-9am, Registration (pay remainder of balance)
Monday, Wednesday, Friday: 9am -2pm Camp time
Tuesday, Thursday: 11am - 4pm Camp time

Price: \$125 per wrestler, \$110 each additional sibling. Mail a \$50 deposit, made out to **McDowell Wrestling Club** by July 14th
\$25 fee for any returned check!

Mail Payment to: Kim Paulson
3503 Anne Marie Drive
Erie, PA 16506

AGES: 8 18 YEARS OLD

Questions: mcdowellwrestling@gmail.com

Things to bring: Wrestling shoes, head gear (optional), drinks, lunch (lunch will be provided on Friday)

Under the Guidance of Our Featured Clinicians

Jeff Catrabone,
University of Buffalo Assistant Coach
2x Pennsylvania State Champion
3x All American @ University of Michigan
3x Big 10 Finalist-Michigan all-time pin record owner/president of The Pennsylvania Wrestling News

Cliff Moore,
Edinboro University Assistant Coach
3x Iowa State Champion
3x All American @ Iowa Hawkeyes
2x Big 10 Title Winner
Iowa's Most Valuable Wrestler
2003 Academic All American
2006 member of National Freestyle Team

Teague Moore,
Clarion University Head Coach
3x Pennsylvania place winner
1995 Pennsylvania State Champion
3x Pennsylvania Freestyle Champion
3x Junior National Freestyle Champion
1995 National High School Champion
4x NCAA Div I National Qualifier @ Oklahoma State
3x All American @ Oklahoma State
1998 NCAA National Champion
3x Big 12 Champion
12th all-time most winningest wrestler, Oklahoma State
3rd at 00 & 04 Olympic Trials
02 U.S. Open National Champion
00 University World Champion, Tokyo, Japan

Derek DelPorto,
Eastern Michigan Head Coach
1999 All American @ Slippery Rock University
3x East Regional Champion
1998 PSAC heavyweight title
2006 NCAA Div I East Regional Coach of the Year

Mike Hahesy,
Edinboro University Assistant Coach
2x All American @ Edinboro University
1985 National Champion
1986 National Runner Up
1986 Sox Harrison Award-Edinboro's top senior male athlete
1998 inducted into Edinboro University Athletic Hall of Fame
2002 inducted into NCAA National Wrestling Hall of Fame

Don Henry,
Gannon University Head Coach - 26 years

Shane McChesney,
McDowell High School Head Coach

Tom Lenox,
McDowell High School Assistant Coach

Lantz Schwabenbauer
2x All American @ Gannon University

Lyneill Mitchell
2x All American @ Gannon University

Counselors/ Gannon Wrestlers
Frank McGrath • Tony Petrella
AJ Milanak • Ethan Swope • Bret Terry

Please enroll me in The **Pound 4 Pound Wrestling Camp**. It is understood that Westlake Middle School, the directors, or anyone connected with the camp will not assume any responsibility for accidents, or any medical, dental, or other expenses incurred as a result of accidents.